

# CELEBRATE RECOVERY'S

## *Small Group Guidelines*

- 1) Keep your sharing focused on your own thoughts, feelings and actions. Please limit your sharing to three to five minutes.
- 2) There is NO cross talk, please. Cross talk is when two people engage in a dialogue during the meeting. Each person sharing is free to express feelings without interruptions.
- 3) We are here to support one another. We will not attempt to "fix" one another.
- 4) Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
- 5) Offensive language has no place in a Christ-centered recovery group.

### **The Importance**

These guidelines are the core of a successful, safe and productive meeting for everyone.

To reinforce their importance, the Guidelines are read every week during every meeting. The observance of the Small Group Guidelines is a function of the Leader. It is the Leader's responsibility to facilitate the guidelines during the meeting. We are striving to have all meetings facilitated in the same way, so when participants go to a different group, it is still familiar. The Guidelines play a huge role in maintaining consistency in each meeting.

[www.CelebrateRecoveryInTime.com](http://www.CelebrateRecoveryInTime.com)

**Life's Hope Baptist Church - Celebrate Recovery**  
**Marietta, Georgia**  
**Sunday evenings 6p-8p**